

Prueba 1
23/11/2024

Fem., 200m Estilos

20 - 94 años
Resultados

Clasificación					AN					Tiempo
20+										
1.	QUESADA GARCIA, Yanel				04	Cn.Salinas Sta.Lucia				2:41.11 19,00
	50m:	33.14	33.14	100m:		150m:		200m:	2:41.11	
25+										
1.	PULIDO MAYOR, Sheila				98	Cn.Faynagua C. Telde				2:46.19 19,00
	50m:	33.41	33.41	100m:		150m:		200m:	2:46.19	
2.	QUESADA ROSARIO, Yvette				98	C.D.N. Playuki				3:01.01 16,00
	50m:	38.07	38.07	100m:		150m:		200m:	3:01.01	
DSQ	DIEPA RAMÍREZ, Lara				99	C.D.N. Playuki				-
	DVI - Desc Viraje Irregular									
35+										
1.	DIAZ CORUÑA, Elizabeth				86	C.N. Las Palmas				3:31.70 19,00
	50m:	41.57	41.57	100m:		150m:		200m:	3:31.70	
DSQ	CASIMIRO SUAREZ, Maria Melania				89	C.N. Las Palmas				-
	DVI - Desc Viraje Irregular									
40+										
1.	ARMAS ROCA, Marta				83	C.N. Metropole				2:57.57 19,00
	50m:	34.01	34.01	100m:		150m:		200m:	2:57.57	
2.	SANTANA MEDINA, Mirian				84	C.D.N. Playuki				3:16.89 16,00
	50m:	41.03	41.03	100m:		150m:		200m:	3:16.89	
45+										
1.	DIAZ SANTANA, Luz Marina				76	C.D.N. Playuki				3:50.45 19,00
	50m:	48.66	48.66	100m:		150m:		200m:	3:50.45	
50+										
1.	ASPAS PALACIOS, Rosa Maria				70	C.N. Metropole				4:25.96 19,00
	50m:	37.04	37.04	100m:		150m:		200m:	4:25.96	
55+										
1.	QUINTANILLA AYLLON, Elena				65	C.N. Metropole				3:13.79 19,00
	50m:	41.20	41.20	100m:		150m:		200m:	3:13.79	
2.	OJEDA QUINTANA, Gloria Esther				69	C.D.N. Playuki				4:52.00 16,00
	50m:	1:04.22	1:04.22	100m:		150m:		200m:	4:52.00	

Prueba 2
23/11/2024

Masc., 200m Estilos

20 - 94 años
Resultados

Clasificación					AN					Tiempo
20+										
1.	PEÑA RODRÍGUEZ, Jeremy Tomás				04	C.N. Las Palmas			2:27.60	19,00
	50m:	30.75	30.75	100m:		150m:		200m:	2:27.60	
2.	SANTANA REYES, Carmelo				03	Cn.Faynagua C. Telde			2:28.09	16,00
	50m:	31.85	31.85	100m:		150m:		200m:	2:28.09	
3.	PORTALES JULIÀ, Pedro				03	C.D.N. Playuki			3:04.23	14,00
	50m:	39.04	39.04	100m:		150m:		200m:	3:04.23	
25+										
1.	SANTANA HERNANDEZ, Adrian Manue				95	C.N. Las Palmas			2:28.59	19,00
	50m:	32.01	32.01	100m:		150m:		200m:	2:28.59	
2.	LOPEZ GARCIA, Andreas				98	Cn.Salinas Sta.Lucia			2:31.10	16,00
	50m:	29.86	29.86	100m:		150m:		200m:	2:31.10	
3.	RODRIGUEZ RIVERO, Alejandro				99	Club D. Gloria Swim&Train Maspalomas			2:35.36	14,00
	50m:	32.03	32.03	100m:		150m:		200m:	2:35.36	
4.	SUAREZ RAMOS, Alberto				95	Cn.Faynagua C. Telde			2:58.37	13,00
	50m:	35.97	35.97	100m:		150m:		200m:	2:58.37	
5.	ALVARADO RAMOS, Carlos				97	Cn.Salinas Sta.Lucia			3:07.11	12,00
	50m:	35.21	35.21	100m:		150m:		200m:	3:07.11	
Baja	SÁNCHEZ ESTUPIÑÁN, Adriano León				96	C.D. Jescagua				-
30+										
1.	NAVARRO GONZALEZ, Kilian				92	Club D. Gloria Swim&Train Maspalomas			2:28.18	19,00
	50m:	30.34	30.34	100m:		150m:		200m:	2:28.18	
2.	GONZALEZ GARCIA, Alvaro				93	Cn.Faynagua C. Telde			2:35.68	16,00
	50m:	32.41	32.41	100m:		150m:		200m:	2:35.68	
3.	DUARTE RIVADO, Raul				90	Club Natacion Valleverde			2:53.40	14,00
	50m:	35.82	35.82	100m:		150m:		200m:	2:53.40	
35+										
1.	HENRIQUEZ HERNANDEZ, Rafael				87	Cn.Faynagua C. Telde			2:33.23	19,00
	50m:	32.93	32.93	100m:		150m:		200m:	2:33.23	
2.	GARCIA FIERRO, Victor Manuel				88	C.N. Metropole			2:40.56	16,00
	50m:	34.14	34.14	100m:		150m:		200m:	2:40.56	
3.	RODRIGUEZ PULIDO, Daniel				89	Club Natacion Valleverde			2:41.30	14,00
	50m:	31.49	31.49	100m:		150m:		200m:	2:41.30	
4.	SARMIENTO LEON, Dailos				88	Cn.Salinas Sta.Lucia			3:08.14	13,00
	50m:	40.51	40.51	100m:		150m:		200m:	3:08.14	
5.	DE CASTRO MONTERO, Borja				89	C.N. Las Palmas			3:10.15	12,00
	50m:	44.23	44.23	100m:		150m:		200m:	3:10.15	
6.	DE CASTRO MONTERO, Adolfo				86	C.N. Las Palmas			3:24.57	11,00
	50m:	42.88	42.88	100m:		150m:		200m:	3:24.57	
Baja	RODRIGO CAÑAS, Juan Miguel				87	Cn.Salinas Sta.Lucia				

Prueba 2, Masc., 200m Estilos

40+

1.	GONZALEZ DIAZ, Yeray	83	Cn.Salinas Sta.Lucia	2:34.64	19,00
	50m: 32.52 32.52 100m:		150m:	200m: 2:34.64	
2.	MARTÍN PIELTAIN, Ione Manuel	83	C.N. Aguacan	2:50.33	16,00
	50m: 35.83 35.83 100m:		150m:	200m: 2:50.33	
Baja	GONZALEZ RODRIGUEZ, Enrique	84	C.N. Las Palmas		-

45+

1.	EHRHARDT, Thomas	77	C.N. Metropole	2:26.82	19,00
	50m: 31.76 31.76 100m:		150m:	200m: 2:26.82	
2.	FERNANDEZ PEÑA, Cristo	76	C.N. Metropole	2:38.81	16,00
	50m: 33.12 33.12 100m:		150m:	200m: 2:38.81	
3.	HERRERA QUEVEDO, Evaristo	79	C.N. Metropole	2:52.28	14,00
	50m: 33.03 33.03 100m:		150m:	200m: 2:52.28	
4.	SANCHEZ HENRIQUEZ, Fco Javier	76	C.D.N. Playuki	2:58.58	13,00
	50m: 35.23 35.23 100m:		150m:	200m: 2:58.58	
5.	PEREZ RODRIGUEZ, David C	77	C.D.N. Playuki	3:55.70	12,00
	50m: 50.18 50.18 100m:		150m:	200m: 3:55.70	

50+

1.	GOMEZ PRIETO, David Carlos	73	C.N. Las Palmas	2:44.42	19,00
	50m: 32.60 32.60 100m:		150m:	200m: 2:44.42	
2.	FERNANDEZ SOSA, Juan Carlos	73	C.N. Las Palmas	2:51.75	16,00
	50m: 36.21 36.21 100m:		150m:	200m: 2:51.75	
3.	LOPEZ TREJO RODRIGUEZ, Victor Ma70el		C.N. Las Palmas	2:55.82	14,00
	50m: 39.79 39.79 100m:		150m:	200m: 2:55.82	
4.	ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	3:02.24	13,00
	50m: 32.24 32.24 100m:		150m:	200m: 3:02.24	
5.	HERNANDEZ CABRERA, Javier	70	C.N. Las Palmas	3:13.27	12,00
	50m: 40.51 40.51 100m:		150m:	200m: 3:13.27	
DSQ	COLINA GIRALDA, Raul	71	C.N. Las Palmas		-
	<i>DVI - Desc Viraje Irregular</i>				

55+

1.	DOMINGUEZ CABRERA, Arnaudis	67	C.N. Metropole	2:37.65	19,00
	50m: 33.02 33.02 100m:		150m:	200m: 2:37.65	
2.	ARENCIBIA AFONSO, Alfredo	68	C.N. Las Palmas	2:57.71	16,00
	50m: 36.54 36.54 100m:		150m:	200m: 2:57.71	
3.	LUZARDO RODRIGUEZ, Gustavo Adolf66		C.N. Metropole	3:05.88	14,00 FJ 1
	50m: 37.40 37.40 100m:		150m:	200m: 3:05.88	
4.	HENDRIKUS VREEKAMP, Remko	67	C.D.N. Playuki	3:05.88	13,00 FJ 2
	50m: 42.98 42.98 100m:		150m:	200m: 3:05.88	
Baja	SANTANA MIRANDA, Antonio Manuel	67	C.N. Metropole		-
Baja	SANCHEZ LOPEZ, Javier	68	Swim Camp Getxo CD		-

60+

1.	QUESADA ORTEGA, Jose Ramon	60	C.N. Metropole	3:34.89	19,00
	50m: 44.67 44.67 100m:		150m:	200m: 3:34.89	

Prueba 2, Masc., 200m Estilos

70+

1. PIÑEIRO CALLEJA, Juan	54	C.D.N. Playuki	4:13.87	19,00
50m: 57.63 57.63	100m:	150m:	200m: 4:13.87	

Prueba 3
23/11/2024

Fem., 100m Braza

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+

1. ESPINEL ALEMÁN, Nerea	03	C.D.N. Playuki	1:39.55	19,00
50m: 46.87 46.87	100m: 1:39.55	52.68		

25+

1. ESTUPIÑAN CABRERA, Paula	97	Cn.Salinas Sta.Lucia	1:45.86	19,00
50m: 49.67 49.67	100m: 1:45.86	56.19		
2. GONZALEZ RAMOS, Raquel	95	C.D.N. Playuki	1:56.15	16,00
50m: 54.45 54.45	100m: 1:56.15	1:01.70		
3. ARENCIBIA PERERA, Miriam	97	Club Natacion Valleverde	2:03.10	14,00
50m: 56.59 56.59	100m: 2:03.10	1:06.51		

35+

1. AGUIAR AXPE, Irene	89	C.N. Metropole	2:03.37	19,00
50m: 57.65 57.65	100m: 2:03.37	1:05.72		

40+

1. FERNANDEZ MEJIAS, Tamara	81	C.D.N. Playuki	1:35.44	19,00
50m: 45.35 45.35	100m: 1:35.44	50.09		
Baja CORTES ALVAREZ, Elisa	82	C.D. Jescagua		-
Baja MACARIO GONZÁLEZ, Yaiza	81	C.D. Jescagua		-

45+

1. RODRIGUEZ BETANCOR, Otilia Rosa	78	C.D.N. Playuki	2:19.63	19,00
50m: 1:05.91 1:05.91	100m: 2:19.63	1:13.72		

50+

1. GUILLEN GARCIA, Maria Delia	71	C.N. Las Palmas	1:52.11	19,00
50m: 52.93 52.93	100m: 1:52.11	59.18		
2. CABAL ALVAREZ, Beatriz Mª	74	C.N. Metropole	1:56.31	16,00
50m: 56.49 56.49	100m: 1:56.31	59.82		
3. HAMPLOVA, Eva	72	Cn.Salinas Sta.Lucia	2:09.56	14,00
50m: 1:00.21 1:00.21	100m: 2:09.56	1:09.35		
4. PÉREZ GARCÍA, Maria	73	C.P.Santa Mª De Guia	2:36.73	13,00
50m: 1:14.66 1:14.66	100m: 2:36.73	1:22.07		

DSQ MOSHASHAEI MOSHASHAEI, Neda Si74at		Cn.Salinas Sta.Lucia		-
<i>DNI - Desc Nado Irregular</i>				

Prueba 3, Fem., 100m Braza

55+

1.	ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	1:34.68	19,00
	50m: 44.91 44.91	100m: 1:34.68	49.77		
2.	PEREZ SANTANA, Aranzazu	66	Club Natacion Valleverde	2:07.11	16,00
	50m: 1:00.08 1:00.08	100m: 2:07.11	1:07.03		
3.	PULIDO CASTELLANO, Agueda	69	Club Natacion Valleverde	2:46.62	14,00
	50m: 1:12.47 1:12.47	100m: 2:46.62	1:34.15		

60+

1.	PEREZ MACIAS, Juana Teresa	63	C.N. Metropole	1:51.84	19,00
	50m: 52.64 52.64	100m: 1:51.84	59.20		

Prueba 4
23/11/2024

Masc., 100m Braza

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+

1.	CABALLERO PEÑATE, Ángel José	01	C.D. Jescagua	1:28.16	19,00
	50m: 41.27 41.27	100m: 1:28.16	46.89		
2.	PORTALES JULIÀ, Pedro	03	C.D.N. Playuki	1:33.65	16,00
	50m: 45.14 45.14	100m: 1:33.65	48.51		
3.	MATAS MONROY, Javier Hernán	00	Cn.Salinas Sta.Lucia	1:38.23	14,00
	50m: 47.36 47.36	100m: 1:38.23	50.87		

25+

1.	CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	1:08.11	19,00
	50m: 32.18 32.18	100m: 1:08.11	35.93		
2.	GARCIA MARTIN, Joel Tomas	95	C.N. Metropole	1:08.47	16,00
	50m: 32.12 32.12	100m: 1:08.47	36.35		
3.	QUESADA ROSARIO, Yoel	99	C.D.N. Playuki	1:25.63	14,00
	50m: 40.03 40.03	100m: 1:25.63	45.60		
4.	DAVILA RODRIGUEZ, Roberto	97	C.N. Carucagua	1:29.85	13,00
	50m: 42.63 42.63	100m: 1:29.85	47.22		
5.	ALVARADO RAMOS, Carlos	97	Cn.Salinas Sta.Lucia	1:33.96	12,00
	50m: 43.86 43.86	100m: 1:33.96	50.10		

Baja GHOSN ACOSTA, Mario 99 C.D.N. Playuki -

30+

1.	QUEVEDO MEDINA, Ulises	90	C.P.Santa Mª De Guia	1:24.96	19,00
	50m: 38.97 38.97	100m: 1:24.96	45.99		
2.	DUARTE RIVADO, Raul	90	Club Natacion Valleverde	1:29.20	16,00
	50m: 43.19 43.19	100m: 1:29.20	46.01		
3.	CAZORLA ARTILES, Jose Manuel	93	Cn.Salinas Sta.Lucia	1:32.72	14,00
	50m: 42.97 42.97	100m: 1:32.72	49.75		
4.	DIAZ GARCIA, Pablo Jose	91	C.N. Las Palmas	1:40.47	13,00
	50m: 48.14 48.14	100m: 1:40.47	52.33		

Baja RODRIGUEZ GONZALEZ, sergio 94 C.D. Jescagua -

Prueba 4, Masc., 100m Braza

35+

1.	GARCIA FIERRO, Victor Manuel	88	C.N. Metropole	1:17.47	19,00
	50m: 36.34 36.34	100m: 1:17.47	41.13		
2.	MARICHAL, Ivanosky	86	C.N. Las Palmas	2:00.96	16,00
	50m: 56.73 56.73	100m: 2:00.96	1:04.23		

40+

1.	BEDOYA OTERO, Omar	81	Club Natacion Valleverde	1:16.58	19,00
	50m: 35.82 35.82	100m: 1:16.58	40.76		
2.	GUERRA PEREZ, Daniel	82	C.N. Metropole	2:01.14	16,00
	50m: 54.94 54.94	100m: 2:01.14	1:06.20		

45+

1.	MARTINEZ SANTOS, Ricardo Jose	76	C.N. Las Palmas	1:22.49	19,00
	50m: 39.28 39.28	100m: 1:22.49	43.21		
2.	PEREZ RODRIGUEZ, David C	77	C.D.N. Playuki	1:47.51	16,00
	50m: 50.55 50.55	100m: 1:47.51	56.96		

Baja ALVARADO GARCIA, Pablo 77 C.D.N. Playuki -

50+

1.	MELIAN VILLALOBOS, Jose	73	C.N. Las Palmas	1:27.63	19,00
	50m: 41.07 41.07	100m: 1:27.63	46.56		
2.	FERNANDEZ SOSA, Juan Carlos	73	C.N. Las Palmas	1:28.35	16,00
	50m: 43.72 43.72	100m: 1:28.35	44.63		
3.	MARTINEZ IBORT, David	71	C.N. Las Palmas	1:37.42	14,00
	50m: 47.35 47.35	100m: 1:37.42	50.07		

DSQ COLINA GIRALDA, Raul 71 C.N. Las Palmas -
DVI - Desc Viraje Irregular

Baja TORRES BETANCOR, Francisco Javier 71 C.D.N. Playuki -
Baja GONZALEZ SANCHEZ, Marcial 73 Cn.Faynagua C. Telde -

55+

1.	DOMINGUEZ CABRERA, Arnaudis	67	C.N. Metropole	1:16.99	19,00
	50m: 35.89 35.89	100m: 1:16.99	41.10		
2.	GIL TRUJILLO, Pedro	67	Cn.Salinas Sta.Lucia	1:30.07	16,00
	50m: 43.16 43.16	100m: 1:30.07	46.91		
3.	NUEZ SÁNCHEZ, Carlos Luis	69	C.N. Aguacan	1:34.56	14,00
	50m: 43.84 43.84	100m: 1:34.56	50.72		
4.	RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole	1:35.34	13,00
	50m: 44.16 44.16	100m: 1:35.34	51.18		
5.	RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas Sta.Lucia	1:43.29	12,00
	50m: 49.18 49.18	100m: 1:43.29	54.11		
6.	QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas Sta.Lucia	1:46.09	11,00
	50m: 49.49 49.49	100m: 1:46.09	56.60		
7.	SUAREZ RODRIGUEZ, Manuel	66	C.D.N. Playuki	1:59.88	10,00
	50m: 55.45 55.45	100m: 1:59.88	1:04.43		

Prueba 4, Masc., 100m Braza

60+

1.	CARDENES SILVA, Juan Jose	63	C.N. Las Palmas	1:30.73	19,00
	50m: 43.19 43.19	100m: 1:30.73	47.54		
2.	HERNANDEZ BENTO, Enrique Francis	64	C.D. Belen Maria	1:39.93	16,00
	50m: 46.35 46.35	100m: 1:39.93	53.58		
3.	QUEVEDO HERNANDEZ, Rafael	64	C.D. Jescagua	1:42.08	14,00
	50m: 47.93 47.93	100m: 1:42.08	54.15		
4.	GHOSN SANTANA, Mario	63	C.D.N. Playuki	1:48.85	13,00
	50m: 51.37 51.37	100m: 1:48.85	57.48		
5.	BRAVO DE LAGUNA SOCORRO, Albe	62	C.N. Las Palmas	2:10.93	12,00
	50m: 1:02.50 1:02.50	100m: 2:10.93	1:08.43		

65+

1.	SJOSTROM, Eric Halvar	59	Club D. Gloria Swim&Train Maspalomas	1:22.13	19,00
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70+

1.	CHECA FAJARDO, Placido	50	C.N. Metropole	1:56.33	19,00
	50m: 54.13 54.13	100m: 1:56.33	1:02.20		

75+

1.	CARBREIRA BARBUZANO, Fernando	48	Cn.Salinas Sta.Lucia	2:05.48	19,00
	50m: 59.13 59.13	100m: 2:05.48	1:06.35		

Prueba 5
23/11/2024

200m Mariposa

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+, Fem.

1.	PEREZ SUAREZ, Laura	01	C.N. Las Palmas	2:56.17	19,00
	50m: 38.56 38.56	100m: 1:22.43	43.87 150m: 2:56.17		

25+, Fem.

1.	PAVIA SOSA, Maria Rosa	99	C.N. Las Palmas	4:18.81	19,00
	50m: 1:01.37 1:01.37	100m: 2:08.51	1:07.14 150m: 4:18.81		

35+, Masc.

1.	SUAREZ LOVELLE, Aaron	85	Club D. Gloria Swim&Train Maspalomas	2:53.97	19,00
	50m: 32.84 32.84	100m: 1:12.84	40.00 150m: 2:53.97		

45+, Masc.

1.	REINO ASCANIO, Abian	77	C.N. Metropole	2:25.94	19,00
	50m: 32.92 32.92	100m: 1:10.79	37.87 150m: 2:25.94		

50+, Masc.

1.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	2:33.39	19,00
	50m: 34.69 34.69	100m: 1:13.24	38.55 150m: 2:33.39		

Prueba 5, Masc., 200m Mariposa, 50+

Clasificación	AN	Tiempo
2. BILBAO SIEYRO, German	73 Club Deportivo Teimar	3:27.65 16,00
50m: 44.57 44.57 100m: 1:38.12 53.55 150m:		200m: 3:27.65

55+, Masc.

1. ARENCIBIA AFONSO, Alfredo	68 C.N. Las Palmas	3:13.76 19,00
50m: 40.89 40.89 100m: 1:28.97 48.08 150m:		200m: 3:13.76
2. MARTINEZ LLISO, Claudio	66 C.N. Metropole	3:52.27 16,00
50m: 50.26 50.26 100m: 1:51.95 1:01.69 150m:		200m: 3:52.27
3. FERNANDEZ LOVERA, Juan	65 C.N. Carucagua	4:05.03 14,00
50m: 51.28 51.28 100m: 1:52.51 1:01.23 150m:		200m: 4:05.03

Prueba 6
23/11/2024

Fem., 100m Espalda

20 - 94 años
Resultados

Clasificación	AN	Tiempo
20+		
1. MENDOZA LÓPEZ, Aroa	01 C.N. Villa De Agüimes 20cnva16	1:16.23 19,00
50m: 37.23 37.23 100m: 1:16.23 39.00		
Baja ESPINEL ALEMÁN, Nerea	03 C.D.N. Playuki	-
25+		
1. DIEPA RAMÍREZ, Lara	99 C.D.N. Playuki	1:21.12 19,00
50m: 38.90 38.90 100m: 1:21.12 42.22		
Baja MEDINA SANTANA, Beatriz	95 C.D.N. Playuki	-
30+		
1. QUINTANA FRANCO, Haridian	91 Cn.Salinas Sta.Lucia	1:30.60 19,00
50m: 44.95 44.95 100m: 1:30.60 45.65		
2. BAEZ PULIDO, Laura	92 C.N. Las Palmas	2:06.50 16,00
50m: 1:02.59 1:02.59 100m: 2:06.50 1:03.91		
40+		
1. LEON SIERRA, Cristina	80 C.N. Las Palmas	1:41.65 19,00
50m: 50.54 50.54 100m: 1:41.65 51.11		
2. HERNÁNDEZ MARRERO, Yurena Aran82izu	Cn.Salinas Sta.Lucia	2:05.53 16,00
50m: 1:03.93 1:03.93 100m: 2:05.53 1:01.60		
Baja CORTES ALVAREZ, Elisa	82 C.D. Jescagua	-
45+		
1. GARCIA DELGADO, Yaiza	76 C.N. Metropole	1:34.03 19,00
50m: 45.25 45.25 100m: 1:34.03 48.78		
2. RODRIGUEZ BETANCOR, Otilia Rosa	78 C.D.N. Playuki	2:08.09 16,00
50m: 1:02.52 1:02.52 100m: 2:08.09 1:05.57		
Baja JIMENEZ JIMENEZ, Leticia	77 Club Natacion Valleverde	-

Prueba 6, Fem., 100m Espalda

50+

1.	MORALES LOZANO, Gloria	72	C.D. Jescagua	1:53.25	19,00
	50m: 55.78 55.78 100m: 1:53.25		57.47		
2.	CABAL ALVAREZ, Beatriz Mª	74	C.N. Metropole	2:01.41	16,00
	50m: 1:01.00 1:01.00 100m: 2:01.41		1:00.41		
Baja	WÄGNER FAHLLIN, Ana Maria	71	C.N. Metropole		-

55+

1.	QUINTANILLA AYLLON, Elena	65	C.N. Metropole	1:37.75	19,00
	50m: 47.39 47.39 100m: 1:37.75		50.36		
2.	ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	1:39.27	16,00
	50m: 48.87 48.87 100m: 1:39.27		50.40		
3.	PEREZ SANTANA, Aranzazu	66	Club Natacion Valleverde	2:01.21	14,00
	50m: 1:02.02 1:02.02 100m: 2:01.21		59.19		

60+

1.	GONZALEZ LOPEZ, Mª Del Carmen	63	C.N. Las Palmas	2:01.16	19,00
	50m: 59.73 59.73 100m: 2:01.16		1:01.43		

70+

1.	GONZÁLEZ MARTEL, Andrea	51	C.D. Jescagua	2:54.71	19,00
	50m: 1:20.61 1:20.61 100m: 2:54.71		1:34.10		

80+

1.	OJEDA GARCIA, Mª Dolores	42	C.D.N. Playuki	2:54.28	19,00
	50m: 1:24.45 1:24.45 100m: 2:54.28		1:29.83		

Prueba 7
23/11/2024

Masc., 100m Espalda

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+

1.	CABALLERO PEÑATE, Ángel José	01	C.D. Jescagua	1:29.43	19,00
	50m: 44.07 44.07 100m: 1:29.43		45.36		

25+

1.	PEREZ ALVAREZ, Ivan Carlo	99	C.N. Las Palmas	1:17.79	19,00
	50m: 37.75 37.75 100m: 1:17.79		40.04		

Baja	SÁNCHEZ ESTUPIÑÁN, Adriano León	96	C.D. Jescagua		-
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30+

1.	RAMIREZ O'SHANAHAN, Guillermo	93	C.N. Metropole	1:04.41	19,00
	50m: 32.21 32.21 100m: 1:04.41		32.20		
2.	NAVAS OJEDA, Angel luis	93	C.N. Metropole	1:17.55	16,00
	50m: 37.71 37.71 100m: 1:17.55		39.84		
3.	MORENO ARMAS, Santiago	90	C.P.Santa Mª De Guia	1:25.48	14,00
	50m: 38.84 38.84 100m: 1:25.48		46.64		

Prueba 7, Masc., 100m Espalda, 30+

Clasificación	AN					Tiempo	
4.	OJEDA AFONSO, Jose Antonio			93	Club Natacion Valleverde	1:32.43	13,00
	50m:	43.25	43.25	100m:	1:32.43	49.18	
5.	DIAZ VERA, Ivor Jose			93	Cn.Salinas Sta.Lucia	1:55.65	12,00
	50m:	55.15	55.15	100m:	1:55.65	1:00.50	
35+							
1.	SARMIENTO LEON, Dailos			88	Cn.Salinas Sta.Lucia	1:29.94	19,00
	50m:	44.30	44.30	100m:	1:29.94	45.64	
2.	NAVARRO PEREZ, Josymar			86	Club Natacion Valleverde	1:50.12	16,00
	50m:	53.75	53.75	100m:	1:50.12	56.37	
40+							
1.	GARCIA HERNANDEZ, Marcos			80	C.D.N. Playuki	1:17.87	19,00
	50m:	37.52	37.52	100m:	1:17.87	40.35	
45+							
1.	REINO ASCANIO, Abian			77	C.N. Metropole	1:07.12	19,00
	50m:	32.66	32.66	100m:	1:07.12	34.46	
2.	SANCHEZ HENRIQUEZ, Fco Javier			76	C.D.N. Playuki	1:17.31	16,00
	50m:	37.13	37.13	100m:	1:17.31	40.18	
3.	RODRIGUEZ REYES, Miguel A			77	C.N. Las Palmas	1:22.94	14,00
	50m:	41.43	41.43	100m:	1:22.94	41.51	
50+							
1.	SILOT, Sergio			70	C.N. Metropole	1:16.03	19,00
	50m:	36.80	36.80	100m:	1:16.03	39.23	
2.	LOPEZ TREJO RODRIGUEZ, Victor Ma70el			70	C.N. Las Palmas	1:23.16	16,00
	50m:	40.80	40.80	100m:	1:23.16	42.36	
3.	BILBAO SIEYRO, German			73	Club Deportivo Teimar	1:27.03	14,00
	50m:	42.02	42.02	100m:	1:27.03	45.01	
4.	GIL HENRIQUEZ, Jorge Juan			72	C.N. Las Palmas	1:43.32	13,00
	50m:	51.53	51.53	100m:	1:43.32	51.79	
5.	SEGARRA CARRANZA, Isaac			74	Cn.Salinas Sta.Lucia	1:43.56	12,00
	50m:	51.47	51.47	100m:	1:43.56	52.09	
55+							
1.	RODRIGUEZ SUAREZ, Juan Pedro			67	C.N. Metropole	1:36.68	19,00
	50m:	48.28	48.28	100m:	1:36.68	48.40	
2.	GONZALEZ AGUIAR, Pedro Manuel			69	C.N. Metropole	1:37.79	16,00
	50m:	47.24	47.24	100m:	1:37.79	50.55	
3.	ALAMO MARTINEZ, Fernando			69	C.D.N. Playuki	1:39.35	14,00
	50m:	47.91	47.91	100m:	1:39.35	51.44	
4.	SUAREZ RODRIGUEZ, Manuel			66	C.D.N. Playuki	2:03.72	13,00
	50m:	1:01.28	1:01.28	100m:	2:03.72	1:02.44	

Prueba 7, Masc., 100m Espalda

60+

1.	SESE GARCIA, Salvador	64	Sopela Igeriketa Swim	1:16.30	-
	50m: 36.95 36.95	100m: 1:16.30	39.35		
2.	MATEOS BATISTA, Francisco	62	C.N. Las Palmas	1:39.25	19,00
	50m: 48.81 48.81	100m: 1:39.25	50.44		

70+

1.	AROCHA DE LEON, Sebastian Fernanc	54	C.N. Metropole	1:34.28	19,00
	50m: 44.88 44.88	100m: 1:34.28	49.40		
2.	PIÑEIRO CALLEJA, Juan	54	C.D.N. Playuki	2:00.49	16,00
	50m: 59.81 59.81	100m: 2:00.49	1:00.68		

Prueba 8
23/11/2024

Fem., 50m Libre

20 - 94 años
Resultados

Clasificación	AN		Tiempo	
20+				
1.	QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	29.73 19,00
2.	PEREZ SUAREZ, Laura	01	C.N. Las Palmas	33.01 16,00
25+				
1.	PULIDO MAYOR, Sheila	98	Cn.Faynagua C. Telde	30.01 19,00
2.	QUESADA ROSARIO, Yvette	98	C.D.N. Playuki	33.50 16,00
3.	ESTUPIÑAN CABRERA, Paula	97	Cn.Salinas Sta.Lucia	37.15 14,00
4.	ARENCIBIA PERERA, Miriam	97	Club Natacion Valleverde	42.29 13,00
5.	GONZALEZ RAMOS, Raquel	95	C.D.N. Playuki	43.64 12,00
6.	PAVIA SOSA, Maria Rosa	99	C.N. Las Palmas	44.52 11,00
7.	ARTILES DIEPA, Leticia	98	C.D.N. Playuki	49.10 10,00
Baja	MEDINA SANTANA, Beatriz	95	C.D.N. Playuki	-
30+				
1.	PEREZ GARCIA, Eva	90	C.N. Metropole	32.28 19,00
2.	VELASCO PEREZ, Adriana	93	C.D.N. Playuki	33.66 16,00
3.	QUINTANA FRANCO, Haridian	91	Cn.Salinas Sta.Lucia	35.76 14,00
4.	PÉREZ GIL, Carolina	91	C.P.Santa Mª De Guia	38.78 13,00
5.	MORALES SANTANA, Maria Isabel	92	C.N. Las Palmas	41.64 12,00
6.	CABRERA RODRÍGUEZ, Paula	91	C.D.N. Playuki	47.17 11,00
7.	BAEZ PULIDO, Laura	92	C.N. Las Palmas	48.54 10,00
35+				
1.	GONZÁLEZ BRITO, María José	88	C.N. Villa De Agüimes 20cnva16	34.01 19,00
2.	AGUIAR AXPE, Irene	89	C.N. Metropole	44.28 16,00
40+				
1.	MARTINEZ DA ALMEIDA, Selene	80	C.N. Villa De Agüimes 20cnva16	33.13 19,00
2.	FERNANDEZ MEJIAS, Tamara	81	C.D.N. Playuki	34.73 16,00
3.	SANTANA MEDINA, Mirian	84	C.D.N. Playuki	35.11 14,00
4.	LEON SIERRA, Cristina	80	C.N. Las Palmas	36.05 13,00
5.	FLORES SANTANA, Tania Del Carmen	84	C.D.N. Playuki	42.18 12,00
6.	HERNÁNDEZ MARRERO, Yurena Aran	82	Cn.Salinas Sta.Lucia	45.11 11,00
Baja	MACARIO GONZÁLEZ, Yaiza	81	C.D. Jescagua	-

Prueba 8, Fem., 50m Libre

45+

1.	GARCIA DELGADO, Yaiza	76	C.N. Metropole	35.83	19,00
2.	DIAZ SANTANA, Luz Marina	76	C.D.N. Playuki	39.87	16,00
3.	CORROTO LOPEZ, Elvira	75	C.D. Belen Maria	40.19	14,00

50+

1.	WÄGNER FAHLLIN, Ana Maria	71	C.N. Metropole	32.71	19,00
2.	GUILLEN GARCIA, Maria Delia	71	C.N. Las Palmas	41.00	16,00
3.	ASPAS PALACIOS, Rosa Maria	70	C.N. Metropole	45.90	14,00
4.	RUIZ GARCIA, Olga	73	Club Natacion Valleverde	47.77	13,00
5.	MOSHASHAEI MOSHASHAEI, Neda Si74at	74	Cn.Salinas Sta.Lucia	49.86	12,00
6.	HAMPLOVA, Eva	72	Cn.Salinas Sta.Lucia	51.88	11,00
7.	PÉREZ GARCÍA, Maria	73	C.P.Santa Mª De Guia	55.14	10,00
Baja	GONZALEZ ALBUJAR, Maria Rosa	70	C.N. Metropole		-

55+

1.	CARAMES PEREZ, Carmen Dolores	68	Cn.Faynagua C. Telde	38.71	19,00
2.	OJEDA QUINTANA, Gloria Esther	69	C.D.N. Playuki	48.73	16,00
3.	PULIDO CASTELLANO, Agueda	69	Club Natacion Valleverde	1:05.91	14,00

60+

1.	PEREZ MACIAS, Juana Teresa	63	C.N. Metropole	38.69	19,00
2.	GONZALEZ LOPEZ, Mª Del Carmen	63	C.N. Las Palmas	45.93	16,00
Baja	MARTIN SOSA, Mª Pino	61	C.D.N. Playuki		-

70+

1.	GONZÁLEZ MARTEL, Andrea	51	C.D. Jescagua	1:16.11	19,00
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80+

1.	OJEDA GARCIA, Mª Dolores	42	C.D.N. Playuki	1:11.09	19,00
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Prueba 9
23/11/2024

Masc., 50m Libre

20 - 94 años
Resultados

Clasificación	AN		Tiempo
20+			
1.	SANTANA REYES, Carmelo	03	Cn.Faynagua C. Telde 26.70 19,00
2.	SARMIENTO NARANJO, Manuel	00	C.N. Villa De Agüimes 20cnva16 32.04 16,00
3.	MATAS MONROY, Javier Hernán	00	Cn.Salinas Sta.Lucia 33.95 14,00
4.	HERNÁNDEZ GONZÁLEZ, Raul	00	C.D.N. Playuki 35.05 13,00
25+			
1.	RODRIGUEZ RIVERO, Alejandro	99	Club D. Gloria Swim&Train Maspalomas 25.89 19,00
2.	GARCIA MARTIN, Joel Tomas	95	C.N. Metropole 26.01 16,00
3.	LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia 26.79 14,00
4.	QUESADA ROSARIO, Yoel	99	C.D.N. Playuki 27.55 13,00
5.	SUAREZ RAMOS, Alberto	95	Cn.Faynagua C. Telde 31.24 12,00
DSQ	BETANCOR CALLERO, Carlos	95	C.N. Metropole -
DSA - Desc Salida Anticipada			
Baja	GHOSN ACOSTA, Mario	99	C.D.N. Playuki -
Baja	MACIAS GARCIA, Blas Ezequiel	98	C.D.N. Playuki -

Prueba 9, Masc., 50m Libre, 25+

Clasificación	AN		Tiempo
Baja GOURIO BOURET, Yannick	95	C.N. Metropole	-
30+			
1. NAVARRO GONZALEZ, Kilian	92	Club D. Gloria Swim&Train Maspalomas	27.11 19,00
2. CAZORLA ARTILES, Jose Manuel	93	Cn.Salinas Sta.Lucia	28.83 16,00
3. QUEVEDO MEDINA, Ulises	90	C.P.Santa Mª De Guia	29.02 14,00
4. MORENO ARMAS, Santiago	90	C.P.Santa Mª De Guia	33.62 13,00
5. DIAZ GARCIA, Pablo Jose	91	C.N. Las Palmas	38.49 12,00
6. MONTELONGO MANRIQUE DE LARA,	93	C.N. Las Palmas	45.58 11,00
7. DIAZ VERA, Ivor Jose	93	Cn.Salinas Sta.Lucia	54.72 10,00
Baja RODRIGUEZ GONZALEZ, sergio	94	C.D. Jescagua	-
35+			
1. QUINTANA GARCIA, Daniel	85	C.N. Las Palmas	31.87 19,00
DSQ JORGE RIPPER, Guillermo	88	C.N. Metropole	-
DSA - Desc Salida Anticipada			
Baja SUAREZ LOPEZ, Alejandro	86	C.D.N. Playuki	-
Baja GARCIA CATALA, Josue	87	C.N. Metropole	-
40+			
1. ROJO ORTEGA, Daniel	80	C.N. Las Palmas	26.07 19,00
2. CABRERA PESTANA, Alejandro	80	C.N. Las Palmas	27.72 16,00
3. GONZALEZ DIAZ, Yeray	83	Cn.Salinas Sta.Lucia	28.23 14,00
4. BEDOYA OTERO, Omar	81	Club Natacion Valleverde	29.16 13,00
5. ANDREA LOPE, Diego	81	00151 - C.N. San Blas	29.43 -
6. EUGENIO ARTILES, Manuel	81	Club D. Gloria Swim&Train Maspalomas	30.76 12,00
7. GARCIA HERNANDEZ, Marcos	80	C.D.N. Playuki	30.94 11,00
8. ROMERO SANTANA, Aridane	82	C.N. Villa De Agüimes 20cnva16	34.50 10,00
9. GUERRA PEREZ, Daniel	82	C.N. Metropole	34.65 9,00
45+			
1. TONELLI, Marcello	75	C.N. Metropole	25.72 19,00
2. ROJANO BROZ, Javier	79	C.N. Metropole	26.81 16,00
3. EHRHARDT, Thomas	77	C.N. Metropole	27.09 14,00
4. FERNANDEZ PEÑA, Cristo	76	C.N. Metropole	28.59 13,00
5. HERRERA QUEVEDO, Evaristo	79	C.N. Metropole	29.18 12,00
6. PERAZA MARRERO, Alberto	75	C.N. Metropole	30.53 11,00
7. MARTIN ALMEIDA, Luis A.	76	C.D. Belen Maria	31.54 10,00
Baja ALVARADO GARCIA, Pablo	77	C.D.N. Playuki	-
Baja JIMENEZ CASAS, Ignacio	79	C.N. Metropole	-
50+			
1. SILOT, Sergio	70	C.N. Metropole	28.89 19,00
2. ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	29.66 16,00
3. RAMÍREZ TEJERA, Víctor	71	C.N. Metropole	30.10 14,00
4. MELIAN VILLALOBOS, Jose	73	C.N. Las Palmas	30.50 13,00
5. MARTINEZ IBORT, David	71	C.N. Las Palmas	31.18 12,00
6. GIL HENRIQUEZ, Jorge Juan	72	C.N. Las Palmas	33.39 11,00
7. ALVAREZ ALAMO, Emilio	74	Club D. Gloria Swim&Train Maspalomas	34.84 10,00
8. SEGARRA CARRANZA, Isaac	74	Cn.Salinas Sta.Lucia	37.67 9,00
DSQ GOMEZ PRIETO, David Carlos	73	C.N. Las Palmas	-
DSA - Desc Salida Anticipada			

Prueba 9, Masc., 50m Libre, 50+

Clasificación	AN		Tiempo	
Baja	TORRES BETANCOR, Francisco Javier 71		C.D.N. Playuki	-
55+				
1.	GORROCHATEGUI ERAUZQUIN, Edua	65	Swim Camp Getxo CD	26.81 -
2.	HENDRIKUS VREEKAMP, Remko	67	C.D.N. Playuki	30.81 19,00
3.	GIL TRUJILLO, Pedro	67	Cn.Salinas Sta.Lucia	32.31 16,00
4.	SANTANA SANTANA, Gustavo Adolfo	67	Club D. Gloria Swim&Train Maspalomas	32.75 14,00
5.	RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas Sta.Lucia	34.85 13,00
6.	GONZALEZ AGUIAR, Pedro Manuel	69	C.N. Metropole	36.32 12,00
7.	QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas Sta.Lucia	37.37 11,00
8.	ALAMO MARTINEZ, Fernando	69	C.D.N. Playuki	37.48 10,00
Baja	SANCHEZ LOPEZ, Javier 68		Swim Camp Getxo CD	-
60+				
1.	QUESADA ORTEGA, Jose Ramon	60	C.N. Metropole	32.53 19,00
2.	CARDENES SILVA, Juan Jose	63	C.N. Las Palmas	33.75 16,00
3.	MATEOS BATISTA, Francisco	62	C.N. Las Palmas	36.40 14,00
4.	GHOSN SANTANA, Mario	63	C.D.N. Playuki	38.03 13,00
5.	QUEVEDO HERNANDEZ, Rafael	64	C.D. Jescagua	38.74 12,00
6.	BRAVO DE LAGUNA SOCORRO, Albe	62	C.N. Las Palmas	45.30 11,00
65+				
1.	SJOSTROM, Eric Halvar	59	Club D. Gloria Swim&Train Maspalomas	29.80 19,00
2.	WINTER ALTHAUS, Gabriel	57	C.N. Metropole	30.75 16,00
Baja	CARBALLO CAMINO, Fco Javier 57		C.D.N. Playuki	-
70+				
1.	AROCHA DE LEON, Sebastian Fernanc	54	C.N. Metropole	38.15 19,00
2.	RIVERO SANCHEZ, Sergio	54	Cn.Salinas Sta.Lucia	38.28 16,00
75+				
1.	CARBRERA BARBUZANO, Fernando	48	Cn.Salinas Sta.Lucia	38.29 19,00

Prueba 10
23/11/2024

400m Libre

20 - 94 años
Resultados

Clasificación	AN										Tiempo	
20+, Fem.												
Baja	GUILLEN CARRION, Andrea				00		C.D.N. Playuki				-	
30+, Fem.												
1.	PEREZ GARCIA, Eva				90		C.N. Metropole				6:01.08 19,00	
	50m:	40.46	40.46	150m:			250m:			350m:		
	100m:	1:25.28	44.82	200m:	2:57.65		300m:	4:31.35		400m:	6:01.08	
2.	VELASCO PEREZ, Adriana				93		C.D.N. Playuki				6:07.80 16,00	
	50m:	39.97	39.97	150m:			250m:			350m:		
	100m:	1:24.78	44.81	200m:	2:57.96		300m:	4:34.08		400m:	6:07.80	
3.	MORALES SANTANA, Maria Isabel				92		C.N. Las Palmas				6:39.65 14,00	
	50m:	42.36	42.36	150m:			250m:			350m:		
	100m:	1:31.03	48.67	200m:	3:13.24		300m:	4:56.13		400m:	6:39.65	

Prueba 10, 400m Libre

35+, Fem.

1.	CASIMIRO SUAREZ, Maria Melania	89	C.N. Las Palmas	6:25.99	19,00
	50m: 41.72 41.72	150m:	250m:	350m:	
	100m: 1:29.36 47.64	200m: 3:07.22	300m: 4:46.09	400m: 6:25.99	
2.	DIAZ CORUÑA, Elizabeth	86	C.N. Las Palmas	6:41.66	16,00
	50m: 44.89 44.89	150m:	250m:	350m:	
	100m: 1:37.08 52.19	200m: 3:18.62	300m: 4:59.06	400m: 6:41.66	

40+, Fem.

1.	GARCIA DENIZ, Zaida	83	C.N. Las Palmas	5:16.09	19,00
	50m: 34.98 34.98	150m:	250m:	350m:	
	100m: 1:13.04 38.06	200m: 2:32.83	300m: 3:55.31	400m: 5:16.09	

45+, Fem.

1.	RAPINI, Ilaria	78	C.N. Metropole	6:16.03	19,00
	50m: 40.23 40.23	150m:	250m:	350m:	
	100m: 1:25.61 45.38	200m: 3:01.73	300m: 4:40.25	400m: 6:16.03	
2.	CORROTO LOPEZ, Elvira	75	C.D. Belen Maria	7:12.70	16,00
	50m: 48.31 48.31	150m:	250m:	350m:	
	100m: 1:40.85 52.54	200m: 3:32.87	300m: 5:23.48	400m: 7:12.70	

50+, Fem.

1.	MORALES LOZANO, Gloria	72	C.D. Jescagua	7:11.97	19,00
	50m: 49.21 49.21	150m:	250m:	350m:	
	100m: 1:43.72 54.51	200m: 3:35.40	300m: 5:24.84	400m: 7:11.97	
2.	RUIZ GARCIA, Olga	73	Club Natacion Valleverde	7:55.91	16,00
	50m: 55.97 55.97	150m:	250m:	350m:	
	100m: 1:54.29 58.32	200m: 3:54.97	300m: 5:56.73	400m: 7:55.91	

55+, Fem.

1.	RAMIREZ SANTANA, Cristina	65	C.N. Metropole	6:07.77	19,00
	50m: 39.81 39.81	150m:	250m:	350m:	
	100m: 1:25.21 45.40	200m: 2:59.21	300m: 4:33.95	400m: 6:07.77	

20+, Masc.

1.	PEÑA RODRÍGUEZ, Jeremy Tomás	04	C.N. Las Palmas	4:35.20	19,00
	50m: 30.55 30.55	150m:	250m:	350m:	
	100m: 1:03.60 33.05	200m: 2:12.44	300m: 3:23.90	400m: 4:35.20	
2.	HERNÁNDEZ GONZÁLEZ, Raul	00	C.D.N. Playuki	8:17.32	16,00
	50m: 40.88 40.88	150m:	250m:	350m:	
	100m: 1:34.45 53.57	200m: 3:42.57	300m: 6:02.68	400m: 8:17.32	

25+, Masc.

1.	SANTANA HERNANDEZ, Adrian Manue	95	C.N. Las Palmas	4:41.99	19,00
	50m: 30.08 30.08	150m:	250m:	350m:	
	100m: 1:03.29 33.21	200m: 2:13.99	300m: 3:28.69	400m: 4:41.99	
2.	PEREZ ALVAREZ, Ivan Carlo	99	C.N. Las Palmas	5:23.81	16,00
	50m: 35.02 35.02	150m:	250m:	350m:	
	100m: 1:14.01 38.99	200m: 2:35.96	300m: 4:00.44	400m: 5:23.81	

Prueba 10, 400m Libre

30+, Masc.

1.	GONZALEZ GARCIA, Alvaro	93	Cn.Faynagua C. Telde	4:43.17	19,00
	50m: 31.63 31.63 150m: 250m: 350m:				
	100m: 1:05.83 34.20 200m: 2:17.69 300m: 3:30.16 400m: 4:43.17				
2.	RAMIREZ O'SHANAHAN, Guillermo	93	C.N. Metropole	4:48.57	16,00
	50m: 31.64 31.64 150m: 250m: 350m:				
	100m: 1:07.30 35.66 200m: 2:21.11 300m: 3:35.52 400m: 4:48.57				
3.	OJEDA AFONSO, Jose Antonio	93	Club Natacion Valleverde	6:58.96	14,00
	50m: 39.57 39.57 150m: 250m: 350m:				
	100m: 1:26.21 46.64 200m: 3:13.46 300m: 4:58.82 400m: 6:58.96				

35+, Masc.

1.	HENRIQUEZ HERNANDEZ, Rafael	87	Cn.Faynagua C. Telde	4:40.16	19,00
	50m: 31.37 31.37 150m: 250m: 350m:				
	100m: 1:05.87 34.50 200m: 2:18.02 300m: 3:29.70 400m: 4:40.16				
2.	SUAREZ LOVELLE, Aaron	85	Club D. Gloria Swim&Train Maspalomas	4:54.25	16,00
	50m: 32.40 32.40 150m: 250m: 350m:				
	100m: 1:08.00 35.60 200m: 2:22.07 300m: 3:38.14 400m: 4:54.25				
3.	DE CASTRO MONTERO, Borja	89	C.N. Las Palmas	5:38.66	14,00
	50m: 36.32 36.32 150m: 250m: 350m:				
	100m: 1:18.24 41.92 200m: 2:44.12 300m: 4:11.83 400m: 5:38.66				
4.	QUINTANA GARCIA, Daniel	85	C.N. Las Palmas	5:44.90	13,00
	50m: 38.37 38.37 150m: 250m: 350m:				
	100m: 1:20.66 42.29 200m: 2:48.17 300m: 4:17.00 400m: 5:44.90				
5.	MARICHAL, Ivanosky	86	C.N. Las Palmas	5:57.27	12,00
	50m: 39.11 39.11 150m: 250m: 350m:				
	100m: 1:22.12 43.01 200m: 2:52.62 300m: 4:25.58 400m: 5:57.27				
6.	DE CASTRO MONTERO, Adolfo	86	C.N. Las Palmas	6:16.37	11,00
	50m: 37.86 37.86 150m: 250m: 350m:				
	100m: 1:24.99 47.13 200m: 3:04.33 300m: 4:41.61 400m: 6:16.37				
7.	NAVARRO PEREZ, Josymar	86	Club Natacion Valleverde	6:18.50	10,00
	50m: 42.29 42.29 150m: 250m: 350m:				
	100m: 1:28.25 45.96 200m: 3:04.50 300m: 4:41.79 400m: 6:18.50				
Baja	GARCIA CATALA, Josue	87	C.N. Metropole	-	
Baja	RODRIGO CAÑAS, Juan Miguel	87	Cn.Salinas Sta.Lucia	-	

40+, Masc.

1.	ROJO ORTEGA, Daniel	80	C.N. Las Palmas	4:43.67	19,00
	50m: 33.15 33.15 150m: 250m: 350m:				
	100m: 1:09.35 36.20 200m: 2:21.53 300m: 3:34.92 400m: 4:43.67				
2.	CABRERA PESTANA, Alejandro	80	C.N. Las Palmas	5:28.77	16,00
	50m: 36.53 36.53 150m: 250m: 350m:				
	100m: 1:16.96 40.43 200m: 2:41.10 300m: 4:05.26 400m: 5:28.77				
3.	EUGENIO ARTILES, Manuel	81	Club D. Gloria Swim&Train Maspalomas	5:30.34	14,00
	50m: 35.95 35.95 150m: 250m: 350m:				
	100m: 1:15.92 39.97 200m: 2:40.22 300m: 4:07.30 400m: 5:30.34				
Baja	MARTÍN PIELTAIN, Ione Manuel	83	C.N. Aguacan	-	
Baja	GONZALEZ RODRIGUEZ, Enrique	84	C.N. Las Palmas	-	
Baja	RODRIGUEZ VIERA, Jose Javier	82	C.N. Las Palmas	-	

Prueba 10, 400m Libre

45+, Masc.

1.	VERDEJO BARROETA, Guillermo	78	Swim Camp Getxo CD	4:24.72	-
	50m: 30.73 30.73 150m: 250m: 350m:				
	100m: 1:03.86 33.13 200m: 2:11.29 300m: 3:18.58 400m: 4:24.72				
2.	TONELLI, Marcello	75	C.N. Metropole	4:25.10	19,00
	50m: 29.90 29.90 150m: 250m: 350m:				
	100m: 1:03.40 33.50 200m: 2:11.02 300m: 3:18.88 400m: 4:25.10				
3.	RODRIGUEZ REYES, Miguel A	77	C.N. Las Palmas	5:02.95	16,00
	50m: 34.82 34.82 150m: 250m: 350m:				
	100m: 1:12.09 37.27 200m: 2:28.49 300m: 3:46.66 400m: 5:02.95				
4.	MARTINEZ SANTOS, Ricardo Jose	76	C.N. Las Palmas	5:08.66	14,00
	50m: 34.37 34.37 150m: 250m: 350m:				
	100m: 1:11.97 37.60 200m: 2:30.36 300m: 3:50.23 400m: 5:08.66				
5.	MARTIN ALMEIDA, Luis A.	76	C.D. Belen Maria	5:43.59	13,00
	50m: 34.97 34.97 150m: 250m: 350m:				
	100m: 1:15.90 40.93 200m: 2:43.26 300m: 4:13.20 400m: 5:43.59				

50+, Masc.

1.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	4:37.16	19,00
	50m: 32.01 32.01 150m: 250m: 350m:				
	100m: 1:07.12 35.11 200m: 2:16.81 300m: 3:28.38 400m: 4:37.16				
2.	RAMÍREZ TEJERA, Víctor	71	C.N. Metropole	5:16.31	16,00
	50m: 34.65 34.65 150m: 250m: 350m:				
	100m: 1:12.43 37.78 200m: 2:31.71 300m: 3:53.90 400m: 5:16.31				
3.	ALVAREZ ALAMO, Emilio	74	Club D. Gloria Swim&Train Maspalomas	5:25.69	14,00
	50m: 40.04 40.04 150m: 250m: 350m:				
	100m: 1:20.65 40.61 200m: 2:46.70 300m: 4:12.79 400m: 5:25.69				
4.	DEL ROSARIO RODRÍGUEZ, José Antc72	70	C.N. Las Palmas	5:29.77	13,00
	50m: 36.97 36.97 150m: 250m: 350m:				
	100m: 1:17.31 40.34 200m: 2:41.08 300m: 4:05.99 400m: 5:29.77				
5.	HERNANDEZ CABRERA, Javier	70	C.N. Las Palmas	5:50.16	12,00
	50m: 37.68 37.68 150m: 250m: 350m:				
	100m: 1:20.16 42.48 200m: 2:48.31 300m: 4:18.80 400m: 5:50.16				
6.	RODRIGUEZ SANTANA, Ernesto	70	Club Natacion Valleverde	6:25.46	11,00
	50m: 43.10 43.10 150m: 250m: 350m:				
	100m: 1:27.37 44.27 200m: 3:01.04 300m: 4:39.50 400m: 6:25.46				

55+, Masc.

1.	MARTINEZ LLISO, Claudio	66	C.N. Metropole	5:29.78	19,00
	50m: 35.63 35.63 150m: 250m: 350m:				
	100m: 1:15.71 40.08 200m: 2:39.15 300m: 4:04.81 400m: 5:29.78				
2.	LUZARDO RODRIGUEZ, Gustavo Adolf	66	C.N. Metropole	5:30.08	16,00
	50m: 36.33 36.33 150m: 250m: 350m:				
	100m: 1:15.01 38.68 200m: 2:38.06 300m: 4:04.42 400m: 5:30.08				
3.	NUEZ SÁNCHEZ, Carlos Luis	69	C.N. Aguacan	5:34.44	14,00
	50m: 38.47 38.47 150m: 250m: 350m:				
	100m: 1:18.52 40.05 200m: 2:42.76 300m: 4:09.11 400m: 5:34.44				
4.	SANTANA SANTANA, Gustavo Adolfo	67	Club D. Gloria Swim&Train Maspalomas	5:48.54	13,00
	50m: 38.06 38.06 150m: 250m: 350m:				
	100m: 1:19.98 41.92 200m: 2:48.50 300m: 4:17.82 400m: 5:48.54				

Baja SANTANA MIRANDA, Antonio Manuel 67 C.N. Metropole -

Prueba 10, 400m Libre

60+, Masc.

1. ETXEBARRIA KEREXETA, Pello	63	Swim Camp Getxo CD	5:42.19	-
50m: 38.27	38.27	150m: 250m:	350m:	
100m: 1:19.55	41.28	200m: 2:45.41	300m: 4:13.79	400m: 5:42.19
2. HERNANDEZ BENTO, Enrique Francisco	64	C.D. Belen Maria	5:54.08	19,00
50m: 39.32	39.32	150m: 250m:	350m:	
100m: 1:21.19	41.87	200m: 2:50.28	300m: 4:22.74	400m: 5:54.08

70+, Masc.

1. RIVERO SANCHEZ, Sergio	54	Cn.Salinas Sta.Lucia	6:58.16	19,00
50m: 43.92	43.92	150m: 250m:	350m:	
100m: 1:35.21	51.29	200m: 3:22.44	300m: 5:14.17	400m: 6:58.16
2. CHECA FAJARDO, Placido	50	C.N. Metropole	7:56.15	16,00
50m: 48.15	48.15	150m: 250m:	350m:	
100m: 1:44.97	56.82	200m: 3:48.10	300m: 5:53.18	400m: 7:56.15

80+, Masc.

1. O'SHANAHAN ROCA, Mauricio	42	C.N. Metropole	8:06.51	19,00
50m: 54.28	54.28	150m: 250m:	350m:	
100m: 1:55.92	1:01.64	200m: 4:00.03	300m: 6:05.59	400m: 8:06.51

Prueba 11
23/11/2024

Fem., 4 x 50m Estilos

AG 80 - 399
Resultados

Clasificación

Tiempo

+80 (PRE-MASTER)

Baja C.D.N. Playuki 80	C.D.N. Playuki	-
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+100

1. C.D.N. Playuki 100		C.D.N. Playuki		2:59.94 38,00	
VELASCO PEREZ, Adriana	93	42.01	QUESADA ROSARIO, Yvette	98	36.07
GONZALEZ RAMOS, Raquel	95	53.32	ARTILES DIEPA, Leticia	98	48.54

+120

1.	C.N. Metropole 120		C.N. Metropole		3:00.11	38,00
	AGUIAR AXPE, Irene	89	58.65	PEREZ GARCIA, Eva	90	39.04
	ACOSTA ALONSO, Cynthia maria	99	46.00	RAPINI, Ilaria	78	36.42
2.	Cn.Salinas Sta.Lucia 120		Cn.Salinas Sta.Lucia		3:02.79	32,00
	QUINTANA FRANCO, Haridian	91	41.91	ESTUPIÑAN CABRERA, Paula	97	41.98
	MOSHASHAEI MOSHASHAEI, Ned:74adat		54.33	HERNÁNDEZ MARRERO, Yurena /82ntzazu		44.57
3.	C.N. Las Palmas 120		C.N. Las Palmas		3:04.82	28,00
	PAVIA SOSA, Maria Rosa	99	52.74	GARCIA DENIZ, Zaida	83	35.92
	CASIMIRO SUAREZ, Maria Melania	89	56.08	MORALES SANTANA, Maria Isabel	92	40.08

Baja C.D.N. Playuki 120	C.D.N. Playuki	-
Baja Cn.Faynagua C. Telde 120	Cn.Faynagua C. Telde	-

Prueba 11, Fem., 4 x 50m Estilos

+160

1.	C.N. Metropole 160		C.N. Metropole	2:41.10	38,00
	WÄGNER FAHLLIN, Ana Maria	71	40.91 ARMAS ROCA, Marta	83	32.69
	GARCIA DELGADO, Yaiza	76	45.35 CABAL ALVAREZ, Beatriz Mª	74	42.15
2.	C.D.N. Playuki 160		C.D.N. Playuki	3:00.90	32,00
	SANTANA MEDINA, Mirian	84	41.56 DIAZ SANTANA, Luz Marina	76	47.50
	FERNANDEZ MEJIAS, Tamara	81	44.21 CABRERA RODRÍGUEZ, Paula	91	47.63
3.	C.N. Las Palmas 160		C.N. Las Palmas	3:14.76	28,00
	BAEZ PULIDO, Laura	92	58.44 DIAZ CORUÑA, Elizabeth	86	41.00
	GUILLEN GARCIA, Maria Delia	71	50.32 GONZALEZ LOPEZ, Mª Del Carmen	63	45.00
Baja	Cn.Salinas Sta.Lucia 160		Cn.Salinas Sta.Lucia		-

+200

1.	C.N. Metropole 200		C.N. Metropole	2:41.06	38,00
	RAMIREZ SANTANA, Cristina	65	41.87 QUINTANILLA AYLLON, Elena	65	36.68
	ALBERICHE RUANO, Maria Del Pinc	66	44.70 PEREZ MACIAS, Juana Teresa	63	37.81
2.	C.D.N. Playuki 200		C.D.N. Playuki	4:11.23	32,00
	OJEDA GARCIA, Mª Dolores	42	1:20.05 OJEDA QUINTANA, Gloria Esther	69	
	RODRIGUEZ BETANCOR, Otilia Ros	78	FLORES SANTANA, Tania Del Carr	84	
Baja	C.D. Jescagua 200		C.D. Jescagua		-
Baja	Club Natacion Valleverde 200		Club Natacion Valleverde		-

+240

Baja	C.D.N. Playuki 240		C.D.N. Playuki		-
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Prueba 12
23/11/2024

Masc., 4 x 50m Estilos

AG 80 - 399
Resultados

Clasificación

Tiempo

+80 (PRE-MASTER)

Baja	C.D.N. Playuki 80		C.D.N. Playuki		-
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+100

Baja	C.D.N. Playuki 100		C.D.N. Playuki		-
Baja	C.N. Metropole 100		C.N. Metropole		-

+120

1.	C.N. Metropole 120		C.N. Metropole	1:59.33	38,00
	RAMIREZ O'SHANAHAN, Guillermc	93	29.17 JORGE RIPPER, Guillermo	88	31.18
	GARCIA MARTIN, Joel Tomas	95	31.21 NAVAS OJEDA, Angel luis	93	27.77
2.	Cn.Salinas Sta.Lucia 120		Cn.Salinas Sta.Lucia	2:19.18	32,00
	SARMIENTO LEON, Dailos	88	41.45 LOPEZ GARCIA, Andreas	98	29.17
	ALVARADO RAMOS, Carlos	97	39.83 CAZORLA ARTILES, Jose Manuel	93	28.73
3.	C.N. Las Palmas 120		C.N. Las Palmas	2:52.20	28,00
	QUINTANA GARCIA, Daniel	85	40.09 MARICHAL, Ivanosky	86	46.50
	DE CASTRO MONTERO, Borja	89	47.00 DIAZ GARCIA, Pablo Jose	91	38.61
Baja	C.D.N. Playuki 120		C.D.N. Playuki		-
Baja	Cn.Faynagua C. Telde 120		Cn.Faynagua C. Telde		-

Prueba 12, Masc., 4 x 50m Estilos

+160

1.	C.N. Metropole 160		C.N. Metropole	2:01.05	38,00	
	EHRHARDT, Thomas	77	32.52	REINO ASCANIO, Abian	77	28.64
	TONELLI, Marcello	75	33.53	ROJANO BROZ, Javier	79	26.36
2.	Club D. Gloria Swim&Train Maspalomas 160		Club D. Gloria Swim&Train Maspalomas	2:03.51	32,00	
	NAVARRO GONZALEZ, Kilian	92	30.82	SUAREZ LOVELLE, Aaron	85	30.14
	SJOSTROM, Eric Halvar	59	36.63	RODRIGUEZ RIVERO, Alejandro	99	25.92
3.	C.N. Aguacan 160		C.N. Aguacan	2:13.70	28,00	
	MARTÍN PIELTAIN, Ione Manuel	83	37.41	ESPINO MORILLAS, Juan Luis	72	31.49
	CERPA CABALLERO, Jonay Salva	99	32.12	NUEZ SÁNCHEZ, Carlos Luis	69	32.68
4.	Club Natacion Valleverde 160		Club Natacion Valleverde	2:19.13	26,00	
	DUARTE RIVADO, Raul	90	38.42	RODRIGUEZ PULIDO, Daniel	89	30.37
	BEDOYA OTERO, Omar	81	34.28	RODRIGUEZ SANTANA, Ernesto	70	36.06
5.	C.D.N. Playuki 160		C.D.N. Playuki	2:29.01	24,00	
	SANCHEZ HENRIQUEZ, Fco Javier	76	36.02	GARCIA HERNANDEZ, Marcos	80	33.90
	SUAREZ RODRIGUEZ, Manuel	66	51.37	QUESADA ROSARIO, Yoel	99	27.72
6.	C.N. Las Palmas 160		C.N. Las Palmas	2:29.27	22,00	
	GIL HENRIQUEZ, Jorge Juan	72	48.23	DEL ROSARIO RODRÍGUEZ, José	72	35.72
	SANTANA HERNANDEZ, Adrian	95	36.62	MELIAN VILLALOBOS, Jose	73	28.70
Baja	Cn.Salinas Sta.Lucia 160		Cn.Salinas Sta.Lucia		-	

+200

1.	C.N. Metropole 200		C.N. Metropole		2:18.42	38,00
	SILOT, Sergio	70	35.79	GUTIERREZ ASCANIO, Ciro	70	31.47
	PERAZA MARRERO, Alberto	75	42.45	FERNANDEZ PEÑA, Cristo	76	28.71
Baja	C.D.N. Playuki 200		C.D.N. Playuki			-

+240

1.	C.N. Metropole 240		C.N. Metropole	2:38.89	38,00	
	AROCHA DE LEON, Sebastian Ferr54	do	43.95	MARTINEZ LLISO, Claudio	66	40.13
	RODRIGUEZ SUAREZ, Juan Pedro	67	42.36	LUZARDO RODRIGUEZ, Gustavo /66	lfo	32.45
2.	C.D.N. Playuki 240		C.D.N. Playuki	2:53.82	32,00	
	ALAMO MARTINEZ, Fernando	69	45.33	PIÑEIRO CALLEJA, Juan	54	50.06
	GHOSN SANTANA, Mario	63	46.33	HENDRIKUS VREEKAMP, Remko	67	32.10
3.	C.N. Las Palmas 240		C.N. Las Palmas	2:55.23	28,00	
	MATEOS BATISTA, Francisco	62	45.19	HERNANDEZ CABRERA, Javier	70	38.94
	GOMEZ -GUILLAMON ARRAPAL, L57	3	46.99	BRAVO DE LAGUNA SOCORRO, /62	erto	44.11
4.	Cn.Salinas Sta.Lucia 240		Cn.Salinas Sta.Lucia	2:57.72	26,00	
	CARBRERA BARBUZANO, Fernan	48	45.24	RIVERO SANCHEZ, Sergio	54	55.84
	GIL TRUJILLO, Pedro	67	39.33	RODRIGUEZ SANTANA, Jose Jesu	65	37.31

Prueba 13
23/11/2024

Fem., 4 x 100m Estilos

AG 80 - 399
Resultados

Clasificación

Tiempo

+100

Baja	C.N. Metropole 100	C.N. Metropole	-
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Prueba 13, Fem., 4 x 100m Estilos

+120

Baja C.N. Metropole 120 C.N. Metropole -

+160

Baja C.N. Metropole 160 C.N. Metropole -

+200

Baja C.N. Metropole 200 C.N. Metropole -

+240

Baja C.N. Metropole 240 C.N. Metropole -

Prueba 14
23/11/2024

Masc., 4 x 100m Estilos

AG 80 - 399
Resultados

Clasificación

Tiempo

+100

Baja C.N. Metropole 100 C.N. Metropole -

+120

Baja C.N. Metropole 120 C.N. Metropole -

+160

1.	C.N. Las Palmas 160			C.N. Las Palmas	4:31.59	38,00
	ROJO ORTEGA, Daniel	80	36.35	1:11.72 GOMEZ PRIETO, David Carlos	73	1:10.87
	ARENCIBIA AFONSO, Alfredo	68		1:36.79 CABRERA PESTANA, Alejandro	80	32.21
2.	C.N. Metropole 160			C.N. Metropole	5:11.34	32,00
	HERRERA QUEVEDO, Evaristo	79	42.55	1:27.62 GARCIA FIERRO, Victor Manuel	88	1:15.70
	BETANCOR CALLERO, Carlos	95		1:21.64 RAMÍREZ TEJERA, Víctor	71	1:06.38

+200

1.	C.N. Las Palmas 200			C.N. Las Palmas	5:29.23	38,00
	MARTINEZ SANTOS, Ricardo Jose	76	42.99	1:25.33 RODRIGUEZ REYES, Miguel A	77	1:16.06
	MARTINEZ IBORT, David	71		1:37.26 COLINA GIRALDA, Raul	71	1:10.58

Baja C.N. Metropole 200 C.N. Metropole -

+240

Baja C.N. Metropole 240 C.N. Metropole -

Prueba 15
23/11/2024

Mixto, 4 x 100m Estilos

AG 80 - 399
Resultados

Clasificación

Tiempo

+80 (PRE MASTER)

1.	C.D.N. Playuki 80			C.D.N. Playuki	5:56.50	38,00
	DIEPA RAMÍREZ, Lara	99	38.73	1:21.52	PORTALES JULIÀ, Pedro	03 1:27.39
	ESPINEL ALEMÁN, Nerea	03		1:40.75	HERNÁNDEZ GONZÁLEZ, Raul	00 1:26.84

+160

Baja	C.N. Metropole 160		C.N. Metropole	-
Baja	Cn.Faynagua C. Telde 160		Cn.Faynagua C. Telde	-

+200

Baja	C.N. Metropole 200		C.N. Metropole	-
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